

# **AWARE NEWS**

**ANIMAL NEWS FOR YOU!** 

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## WELCOME TO AWARE NEWS!

Welcome to the first edition of the RSPCA Kids' Newsletter, AWARE News! AWARE stands for Animal Wellbeing: Awareness, Education and Responsibilities.

Each term you'll be able to find stories, fun facts, quizzes, games, tips, competitions, events, and much more. The best part is - it's all about animals! Dive in to find out more about the companion animals (or pets) we call family, farm animals and the amazing array of native animals that call Australia home.

This newsletter is for you and we would love to hear your ideas for future editions. Is there an animal you would like to know more about, a question you have about animal care or a picture, photograph or story that you created that you would like to share with the readers. Please include your name, age, and contact information when you email us at education@rspcasa.org.au with your ideas.

#### WHAT'S INSIDE

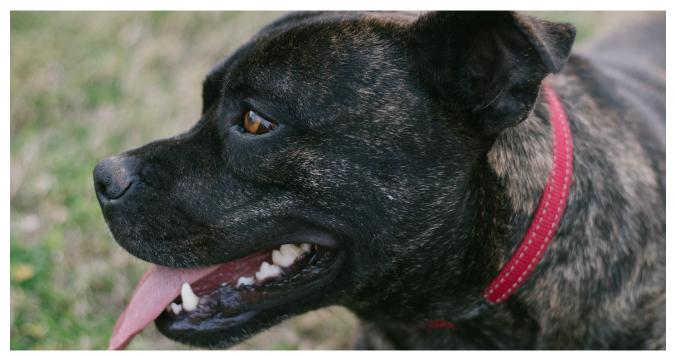
Wordsearch

Focus on the Five Freedoms

Advice: Ask an Expert



Mia and Lachlan from Tatachilla Lutheran College who have been learning about animal wellbeing and designing products for their companion animals relating to one of the 5 Freedoms.



Cooper was seized by an RSPCA inspector in November 2017, he was severely underweight and hadn't been fed properly. Luckily, after some time in our Lonsdale shelter, Cooper found his forever family and he is now living the dream!

### FREEDOM FROM HUNGER AND THIRST: ALL ANIMALS NEED FRESH WATER AND QUALITY FOOD

All animals must have access to clean water and a well-balanced, nutritious diet. Freedom from hunger and thirst provides an animal's most basic needs by allowing the animal to remain in good health and full of energy.

Some do's and don'ts:

DO provide a good supply of fresh clean water for your companion animal to drink. All your animal needs to drink is water, nothing else.

DO make food part of your companion animals enrichment. Make it into a challenge or game. Darcy and Holly, the miniature schnauzers pictured, love to 'search for their dinner' in these interactive toys.

DON'T give any animal (except calves) cows milk to drink. Most animals are lactose intolerant. Lactose is a sugar found in milk. Being 'intolerant' to this sugar means your body cannot digest it properly, which causes a very upset tummy, cramps and even severe diarrhoea (squirty poo!).

Do talk to your vet about how much food is the right amount for your animal. Their age, breed and activity level can all affect how much food they need to eat every day.

Don't overfeed your animal, they might enjoy it, but vets are seeing more and more overweight animals. This can affect your animals quality of life and result in them having to go on a diet!

Do check out kids.rspcasa.org.au to find out what foods are right for your companion animal and what might not be.







# **Ask an Expert**

Emma is RSPCA's education manager. She knows a lot about animals, and if she can't answer, she knows someone who can! So if you have a question, just email it through to education@rspcasa.org.au with the subject 'Ask Emma' (please include your name, age, and contact information when you email us).

### Companion Animal Wordsearch

T	J	Z	N	Y	G	P	E	P	5	K	T	R	Z	C	DOG
N	E	N	Y	J	Z	L	J	H	P	E	T	A	V	Z	CAT
Q	F	P	W	T	G	1	Z	N	T	A	Y	T	B	M	GUINEAPIG
P	K	J	X	G	J	Z	T	Y	G	D	0	W	Q	J	CHICKEN
V	1	E	5	X	B	A	T	D	N	T	W	W	M	0	MOUSE
F	T	H	T	G	K	R	Y	C	G	0	D	K	u	0	RAT
E	T	D	R	1	В	D	C	H	1	C	K	E	N	Q	BIRD
5	E	H	В	P	В	A	E	G	V	Z	Y	J	Z	L	KITTEN
R	N	G	B	A	E	B	G	V	F	A	K	P	R	Y	PUPPY
0	K	P	Y	E	P	K	A	Z	Y	1	U	G	×	D	RABBIT
H	P	M	F	N	N	P	A	R	0	P	H	A	F	Y	HORSE
H	1	M	0	1	Z	E	T	N	P	E	Z	T	L	u	LIZARD
0	B	C	A	u	F	T	0	Y	5	0	0	R	Y	M	SNAKE
V	J	Z	0	G	5	W	V	M	R	C	A	T	D	P	
Q	H	L	W	G	0	E	D	E	Z	1	5	Y	V	1	